





	ACTIVE START	FUNDAMENTALS		LEARN TO TRAIN	
CRITERIA	U4-U6	U6-U7	U8-U9	U10-U11	U12-U13
Principle:					
Coaching Qualifications					
	Grassroots Stream*				

SEASON OR BLOCK LENGTH

PRACTICE-TO-MATCH RATIO

STRUCTURED PRACTICE DURATION

NUMBER OF MATCH DAYS PER WEEK

MEMORABLE EVENTS

MATCH FORMAT

FIELD SIZE

[here](#)

BALL SIZE

MAXIMUM MATCH DURATION

MAXIMUM MATCH TIME PER PLAYER PER DAY

MINIMUM REST TIME BETWEEN MATCHES

MATCH DAY ROSTER

MATCH DAY FORMAT

PLAYER-TO-COACH RATIO

GROUPING PLAYERS FOR MATCH PLAY